LENEXA PARKS & RECREATION DROP-IN ACTIVITIES

No registration is required for these recurring activities. Schedule is subject to change.

EFFECTIVE JUNE 1, 2019

LENEXA COMMUNITY CENTER

ACTIVITIES $1 UNLESS OTHERWISE NOTED / PUNCH CARDS COVER 10 CLASSES — 13420 OAK ST. / 913.477.7100

	TIME	M	T	W	TH	F	AGES
Chair Yoga: Improve breathing capacity, muscle endurance, flexibility and balance. $5 drop-in, $40 punch card.	9:30–10:30 a.m.	•				•	18+
Gentle Yoga: Build strength and endurance, increase flexibility and improve balance and posture. Special attention is paid to bone health. $5 drop-in, $40 punch card.	9:30–10:30 a.m.			•			18+
Gym for Me: Toys, balls, inflatables and more provided. Adult supervision required. **Wednesdays only May 29–Sept.4.*	9–11 a.m.	•*		•			5 & under
Hooked on Books: May: "The Things They Carried" by O'Brien; June: "Dust Bowl Girls" by Reeder	1–2 p.m.				4th		55+
Open Gym (8th grade & under): Parents and guardians welcome. Free.	3:30–5 p.m.		•				
Open Gym (9th grade & over): Parents and guardians welcome. Free.	3:30–5 p.m.				•		
Open Gym (Adult): Enjoy a quick game of basketball over your lunch break. Balls provided.	noon–1:30 p.m.				•		18+
Pickleball: A low-impact, high-energy doubles racket sport that blends tennis, badminton and pingpong.	12:30–3:30 p.m. 9:30 a.m.–4 p.m.	•		•		•	55+ 55+
Pingpong: All equipment provided.	11 a.m.–4 p.m.		•	•	•		55+
Senior Men's Basketball: Shoot baskets or enjoy a pickup game. Balls provided.	10:30–noon		•				55+
Senior Pep Fitness: Get energized and gain endurance, flexibility, strength. $3.50 drop-in, $30 punch card.	9:30–10:30 a.m.		•		•		55+

LENEXA REC CENTER

FREE FOR MEMBERS / $2 FOR NON-MEMBERS UNLESS OTHERWISE NOTED — 17201 W. 87TH ST. PWKY. / 913.477.7529

	TIME	M	T	W	TH	F	SU	AGES
Card and board games: Includes bridge, mahjong and dominos.	9 a.m.–3:30 p.m.	•	•	•	•	•		55+
Gym for Me: Toys, balls, inflatables and more provided. Adult supervision required. *(Second floor gym, south court)*	9–11 a.m.		•		•			5 & under
Pickleball: A low-impact, high-energy doubles racket sport that blends tennis, badminton and pingpong.	5–7 a.m.	•		•		•		all ages
Splash With Me: Adult supervision required. Fee assessed for both child and guardian non-members.	10–11:30 a.m.	•	•	•	•	•		5 & under
Walk & Talk at the Rec: Walk about 2 miles on the Rec Center track with a group.	9–10 a.m.					•		55+

LENEXA SENIOR CENTER

ACTIVITIES FREE UNLESS OTHERWISE NOTED / AGES 55+ — 13425 WALNUT ST. / 913.477.7100

	TIME	M	T	W	TH	F
Bingo: prizes awarded!	12:15 p.m.		•			
Birthday entertainment	12:15 p.m.			2nd		
Blood pressure screening	11 a.m.		3rd			
Bridge: no 2nd Wed. $0.50.	12:30–3:30 p.m.			•		•
Card and board games	9–11:30 a.m.	•	•	•	•	•

	TIME	M	T	W	TH	F
Card and board games	12:30–3 p.m.	•	•	•	•	•
Movie Mondays	12:15 p.m.	•				
Nintendo Wii Action free play	8 a.m.–4 p.m.	•	•	•	•	•
Pinochle	1–3:30 p.m.					•