

2012 Lenexa Midnight Bike & Hike FAQs

Ride starts on Saturday, July 14, 2012. Start/finish location is Black Hoof Park, 9053 Monticello Rd, Lenexa, KS

Requirements

- Certified helmets
- Front head light. A secured flashlight with working batteries is acceptable.
- Rear reflector or light

Bike check

The purpose of the bike check is to ensure riders have proper front headlight, rear reflector and helmet. It is the rider's responsibility to ensure your bike's equipment is in good working order and the bike is in good condition.

Is this bike ride for pleasure or competition?

This event is geared toward the casual rider. Family, friends and neighbors are encouraged to participate. For the rider who wants a more challenging experience, the loop course will allow the rider to ride multiple times during the allotted time.

How difficult is the ride?

This course was selected to provide a route that is more suited for less experienced riders and is more family friendly. There are some easier hills on the route, but these may be a challenge for young or inexperienced riders. Riders who need to walk their bike up hills must stay to the right side of the road. We recommend reviewing the course prior to registering if you have any concerns about the difficulty of the route.

Why did this course get away from Old Town and the caves?

Due to the population growth and safety concerns of our riders, the course had to be altered. City staff and the Optimist Club have worked diligently to bring you an alternate course in order to continue this popular tradition.

Tell me more about the course.

The route will begin at the new Oak Shelter at Black Hoof Park in Lenexa. The route is a 6-mile ride; those wanting more mileage may repeat a 4 mile section of the route. Ride across Monticello's distinctive lighted bridge to Prairie Star Parkway, along Lone Elm Road, and on the frontage roads along Highways K-10 and K-7. The route provides a safe, closed course for riders. The duration of the ride is the only limit; final loop must be started by 1 a.m. [Route maps](#) are available at the Lenexa Community Center or online.

Tell me more about the hike portion of the event.

Enjoy an optional moonlight walk along the trail to the award-winning Lake Lenexa dam spillway prior to the ride. The round-trip walk is approximately 1-1.5 miles. Cyclists must complete the hike and start the ride at midnight. Bike racks will be available at the hike location. Due to logistics, hike is open only to registered cyclists. Limited lighting is available, so hikers should bring a flashlight for improved visibility. The hiking event is optional.

Parking and Directions

Ride start/finish and parking is located at Black Hoof Park, 9053 Monticello Road. Enter from 83rd Street (87th Street Parkway), go south onto Monticello Rd to start/finish area. Roads will be closed for ride preparation via direction from the south to start location.

What should I bring?

For both events, bring a water bottle and wear light-colored or reflective clothing. Also bring a bike lock to lock your bike during walking portion.

For the bike ride, bring a helmet, front light, rear reflector or light.

For the hike, wear appropriate walking shoes and bring a flashlight.

Bring money if you choose to register onsite for any of the events.

Registration

You may register online, by mail or in person.

Registration Fees:

\$20 per person, bike & hike (Early Bird: \$15 June 23, 2012 deadline)

\$ 6 per person, pancake feed

Free commemorative Midnight Bike & Hike T-shirt while supplies last. Size requests honored to the extent possible.

Fees are non-refundable. Organizers reserve the right to cancel due to inclement weather, unavoidable situations, or to ensure event safety.

Register online, by mail, or in person.

In person/by mail: Lenexa Community Center, 13420 Oak Street, Lenexa, KS 66215, M-F 8:00 a.m. - 6 p.m. Click here for a [registration form](#).

[Online registration](#) ends July 11, 5:00 p.m.

Packet Pick-up and Onsite Registration:

July 13, 2012: 12-6 p.m. at Lenexa Community Center

July 14, 2012: 9:30-11:30 p.m. at Black Hoof Park

There will be no additional charge for a child who is riding in a carrier or trailer attached to the bike. A signed waiver is required for each participant.

Group pricing is available for groups with five or more riders per group. Groups cannot register online; please confirm your group rate by calling Susan at 913.477.7100. Bike ride participants will automatically be eligible to participate in the hiking event.

What time do I need to arrive?

Check In/Registration is 9:30 p.m. If you plan to participate in the hiking portion of the event, allow time for bike check and registration.

Bike Check is 10 p.m. - 11:45 p.m.

Bike and Hike Event: Midnight - 2:30 a.m.

Hike- 9:30 p.m. start, conclude by 11:30 p.m.

Bike Ride starts at Midnight. Riders release in groups; no late starts after last departure.
Pancake Feed: All-you-can-eat Chris Cakes pancakes, sausage and orange juice will be offered again this year in the church parking lot following the ride for an additional fee. Pancake Feed begins immediately after first riders complete route and ends at 2:30 a.m.

What is the minimum age?

While there is no minimum age, all bike riders must be able to ride six miles. Hikers should be able to walk several miles on a paved path without assistance. Parents must stay with children under the age of 18 years old throughout the event. If parents leave children unattended, they will be removed from the route for their safety.

What type of bike is allowed?

Racing, road, trail bike, recumbent, tandem (bicycle built for two), three-wheel bicycles and child trailers are permissible. Because there are hills on the route, it is advisable to have gear shifting mechanisms on your bike. No motorized bikes or scooters are allowed.

Can I attach a baby carrier onto my bike and can my infant, child or pet participate in the ride in this manner?

Although there are risks involved, it is allowed. You will want to check out the course prior to the event to be sure you are comfortable and know the route as there are hills and dark spots along the route.

What if I am tired and need to walk?

You may walk your bike, but stay to the extreme right side. If you are tired or have equipment issues and are unable to complete the ride, a support vehicle will return you to the registration point.

Can I just walk the biking route?

No, this course is set up as a bike riding event so there will be no pedestrians, rollerblades, skateboards or motorized type vehicles on the course with the exception of official vehicles supporting the event. Refer to hiking event information for hiking the trails.

What if I have a flat or need assistance while out on the route?

There will be volunteers with radio communications along the route who will contact a support vehicle, which will transport you and your bike back to the registration area.

What if I fall off my bike or need medical assistance?

The course will be monitored with volunteers and staff who will radio in for medical assistance.

Will there be restrooms along the route?

Yes, there will be restrooms at the registration point and port-a-potties located at the mid-point along the route.

Will there be water along the route?

Yes, there will be some water available at registration point and along the route, however it is suggested to bring your own water bottle and attach it to your bike.