



Lenexa Freedom Run Award Categories

AGE GROUP	AWARD	5K	10k
13 and Under	Plaque Medals	1 2-5	N/A
14-17	Plaque Medals	1 2-10	N/A
17 and Under	Plaque Medals	N/A	1 2-5
18 – 20	Plaque Medals	1 2-5	1 2-5
21 – 24	Plaque Medals	1 2-5	1 2-5
25 – 29	Plaque Medals	1 2-5	1 2-5
30 – 34	Plaque Medals	1 2-5	1 2-5
35 – 39	Plaque Medals	1 2-5	1 2-5
40 – 44	Plaque Medals	1 2-5	1 2-5
45 – 49	Plaque Medals	1 2-5	1 2-5
50 – 54	Plaque Medals	1 2-5	1 2-5
55 – 59	Plaque Medals	1 2-5	1 2-5
60 – 64	Plaque Medals	1 2-5	1 2-5
65 – 69	Plaque Medals	1 2-5	1 2-5
70 & Over	Plaque Medals	1 2-5	1 2-5
